



Routine Health Care Schedule

Your child's checkups and immunizations are very important. At these visits, we will perform a complete physical exam, evaluate growth and development, discuss diet, bowel habits, sleep, school, behavior issues as well as any concerns you might have. We will also review age appropriate preventive care. Many of these things cannot be done during a sick visit, so please remember that your child needs checkups even if you seem to be in the office all the time.

Routine physical examinations should be scheduled **4-8 weeks** in advance, especially during summer months when there is a higher demand for school and camp physicals. **It is wise to schedule your child's yearly exam near his or her birthday.**

As your children enter adolescence, we will encourage them to begin assuming full responsibility for their health maintenance. We will often perform part of the interview with the parents out of the exam room. A chaperone is available upon request. It is most helpful if we know your concerns, if any, in advance. We will maintain confidentiality regarding our discussions with adolescent patients. We encourage you to maintain open communication with your adolescent.

Visit	Screening	Vaccinations
Newborn	Hospital Visit	Hep B
1-2 weeks	1 st office visit	
2 months		Pediarix* (5-in1), Hib, PCV *, Rotavirus*
4 months		Pediarix#2, Hib#2, PCV #2, Rota #2
6 months	Lead survey	Pediarix#3, Hib#3, (Flu#1**), Rota #3
9 months	Lead survey	PCV #3
12 months	Lead survey, blood test for anemia & lead	MMR-Varicella; PCV #4; Hep A ***
15 months		DTaP-Hib
18 months		Hepatitis A #2***
2 years	Lead survey, blood test for anemia & lead	
3 years		
4 years	Hearing and vision screening begins	DTaP#5; MMR-V #2 before kgtn
5-10 years	Yearly checkups	polio #4 before kgtn
11-14 years	Yearly checkups; confidential adol. survey 12 & up	Tdap; meningococcal***; HPV #1 ***
15 years & up	Yearly checkups; confidential adol survey; urine screen	HPV if series of 3 not done

*Pediarix is **DTaP+polio+HepB** vaccine; PCV, or Prevnar is **pneumococcal conjugate** vaccine; Rotavirus vaccine is by mouth, to prevent Rotoviral diarrhea.

****Annual Flu vaccination** advised for all those 6m-59 months, with chronic illness, and anyone else wishing to reduce complications from the flu. It is usually **available after October 1st**, while supplies last.

***These vaccines are **not yet required** for school entry, but are recommended by the **AAP, CDC, and our doctors**. Gardasil, or **Human Pappiloma Virus** vaccine, is offered to females age 9-26. Many colleges require **meningococcal** vaccination. Many jobs require Hepatitis A vaccine.

Please note that the vaccine schedule may change from time to time as new vaccines are developed and we learn more about the ones currently in use. Thank You.

Rainbow Pediatrics

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